


















# The Little Learning Academy

# Happy Healthy Me!

September 2025

Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Community Helpers Menu Week 1	1 <b>Closed for Labor Day!</b>	2 	3 <b>Police Car Visit</b>  Sycamore - Magnolia	4 <b>Guest Reader Visit</b> 	5 <b>Grandparents' Day lunch</b> Sycamore-Magnolia
My Brilliant Body Xx / 1 Red / Square Menu Week 2	8 	9 Wear <b>RED</b>	10 Do you know what your lungs help you do?	11 <b>Square Tracing</b> 	12 
My Colorful Plate Aa / 1 Red / Square Week 1	15 <b>Build a Salad Craft</b> 	16 What is your favorite fruit?	17 	18 <b>PJ DAY</b> 	19 
Movin' & Groovin' Hh / 2 Red / Square Menu Week 2	22 	23 <b>Movement Art</b> 	24 <b>I am Motivated!</b>	25 	26 What is your favorite outdoor activity?
Taking Care of Me Xx, Aa, Hh / 2 Red / Square Menu Week 1	29  <b>Safety First</b>	30 	1 How long do you brush your teeth for?	2 	3  <b>Sunshine Rays Art</b>

Character Trait: **Motivated** Sight Word: **I** Vocabulary Word: **Exercise**

**I am motivated to exercise.**

**September Family Involvement Activity presented on Monday, September 22nd!**